

Responding Instead of Reacting to a Child's Behaviour

What behaviours push your **hot buttons**?

How do these behaviours make you **feel**?

What **assumptions** are you making?

How is this impacting your **relationship**?

How can you **reframe** your assumptions?



Identify hot buttons

- Hits/punches/kicks
- Whining/clinginess
- Excluding others
- Difficulty sharing



What is the behaviour telling me?

- I want....
- I need....
- I feel...



Collaborate to learn more

- Engage family
- Discuss with team members
- Plan together



What pyramid practices might support this child?

- Visuals...
- Co-regulation strategies...



Intentionally teach social-emotional skills!

- Emotional literacy
- Peer interaction skills
- Problem solving



Nurture your relationship

- Observe play & interactions
- Create moments of positive connection
- Learn child and family's interests