

# Involving Families - Sharing Social and Emotional Strategies

### **Summary**

## What is Sharing Social and Emotional Strategies, anyway?

• Educators work with families to provide practical strategies that they can use during every day routines and activities to support their children's social-emotional development and prosocial behavior.

### What's the Point?

- Enhances families understanding of the importance of social skills and emotional literacy skills in early childhood.
- Adds to family's knowledge of strategies to support child's pro-social behaviour and expression of emotions in order to interact with peers.
- Promotes a relationship of shared learning between educators and families that supports children's participation.
- Highlights that social and emotional development are foundational skills to lifelong learning.

### How Do I Do This?

- Observe children in their program to gain insight into the children's strengths and needs in the areas of social and emotional development.
- Engage families in bi-directional communication to learn about families' questions regarding their child's social and emotional development and strategies that are working at home.
- Gather a variety of resources about social and emotional development that support families use of strategies that promote pro-social behavior, peer interaction skills and emotional literacy.
- Follow up with families to encourage on-going learning.

### How Will the Children Participate in This Practice?

- Children share their experiences participating in social and emotional learning activities with their families.
- Children tell their families about their experiences playing with peers in the program.

# **Checklist**

| Task  | Complete? |
|---|-----------|
| Educators observe children to gain insight into the children's strengths and needs in the areas of social and emotional development and share their observations with their team and the family.    |           |
| Educators consider questions they may ask families to gain insight into what information around social skills and emotional development families may want support with.                             |           |
| Educators invite families to share the strategies that are working at home.   |           |
| Educators use information from their observations and discussions with families to research and gather articles or other documents to support children's social and emotional development learning. |           |
| Educators brainstorm a variety of ways to share resources and materials with families. (email, in person, bulletin board, newsletter, etc.)   |           |
| Educators connect with families to follow up on which resources were useful and their experiences at home (successes and challenges).   |           |

When you participate with children and families as co-learners, co-researchers, and co-imaginers of possibilities, you create responsive environments for children that reflect an image of the child as a mighty learner and citizen.

Makovichuk, Hewes, Lirette & Thomas, 2014, p. 56 Flight: Alberta's early learning and care framework.

 $Retrieved \, from \, \underline{www.flightframework.ca}$