



When I Feel Excited

for Infants & Toddlers

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Sometimes, I feel excited.



Excited is when you are REALLY happy!

I might feel excited when...



I see someone
special!



I'm having fun with
my friends!

When I feel excited, I might giggle and laugh.



I might clap my hands.



I can tell people, “I’m so excited!”

Note to educators: Some children might benefit from key words in sign and/or their home language. <https://babysignlanguage.com/>

Other things I can do when I am excited:

I can sing and dance.



I can jump up and down.

I can hug someone.



If I see someone who is excited,
maybe I can be excited with them!



It feels good to be excited sometimes.

